

# Affective Domain Activity #8: The Power of Introverts

Watch the following 19-minute video:

[https://www.ted.com/talks/susan\\_cain\\_the\\_power\\_of\\_introverts](https://www.ted.com/talks/susan_cain_the_power_of_introverts)

In a culture where being social and outgoing are prized above all else, it can be difficult, even shameful, to be an introvert. But as Susan Cain argues in this passionate talk, introverts bring extraordinary talents and abilities to the world, and should be encouraged and celebrated.

Write or type your response to the following:

1. How does the author define an introvert? Do you think you're an introvert, an extrovert, or an ambivert? Are you an introvert in some situations and an extrovert in others? Please explain.
2. In one sentence, what is the point of the video? Are you surprised by this?
3. Can you think of a time in your life when being an introvert proved to be an advantage? Please explain.
4. If you're an introvert, what is most challenging about working with extroverts? If you're an extrovert, what is most challenging about working with introverts?

**Closure:** You will be responding to each other either as a class discussion.

